

Oxford Sydney  
McGill

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Harvard

Lucton

升学指导服务

University Guidance

# Our Mission

## 我们的使命

上海莱克顿学校升学指导部旨在为学生和家长提供前往世界各国、各地区接受高等教育机会的建议，帮助学生们踏上自我发现的旅程，向他们介绍适合自身兴趣、个性和能力的大学，并对每位学生进行一对一地指导，让他们了解整个大学的申请过程。这些建议包括但不限于研究和选择大学和专业、职业探索、大学入学考试、课外活动、实习和暑期课程。

The University Guidance Department at Lucton Shanghai aims to educate and advise students and parents on higher educational opportunities in countries and regions around the world, help students embark on a journey of self-discovery, introduce students to university options that suit their interests, personality and abilities, and individually guide each student to navigate through the entire university application process. This advice includes, but is not limited to, researching and choosing a university and major, career awareness, admissions testing, co-curricular activities, internships, and summer programmes.



# Our Philosophy

## 我们的理念

我们的升学指导部秉承学校的教育使命，即创造互助的校园环境，让每个学生都能成为最好的自己。升学指导部坚信，就读一个“排名高”的大学不是、也永远不应该是学生接受教育的唯一重点，从来就没有所谓的适合所有学生的固定大学申请清单。选择一所大学对每个人来说都非常独特，需要学生与父母一起思考适合自己的选择。我们鼓励学生主动将自己的目标、潜力、兴趣和优势作为参考因素，再来决定他们中学毕业后的教育。我们的目标不仅是指导和支持学生们的大学申请过程，还会通过灌输 21 世纪的技能 and 全球公民意识，来培养一个“全面”发展的学生。

In accordance with Lucton School Shanghai's educational mission of creating a mutually support office environment that brings the best out of every individual, the University Guidance Department holds a strong belief that attending a high-ranking university is not and should never be the sole focus of a student's journey. There is no fixed application pathway that suits the needs of all students. The process of selecting a college is very personal and unique; it requires a degree of self-reflection on the part of the student and their parents. We encourage students to take the initiative to reflect on their goals, potential, interests, and strengths in deciding their post-secondary education. We aim to not only guide and support the college application process, but to also develop the 'whole' student by instilling 21<sup>st</sup> century skills and global citizenship.



# 我们的计划

绝大多数学生在结束高中学习后都将选择上大学或接受其他形式的高等教育。大学申请过程充满了挑战、机遇和重大决策，虽然会给人带来很大的压力，但相信也是令人兴奋的一步。升学指导老师会为每一位学生提供强有力的支持，帮助他们充分发挥潜能，实现个人目标。升学指导部会研究机会，与大学建立联系，及时了解课程需求、发展趋势和申请要求，并就这些问题向学生提供建议。

The next step for the majority of our students will be university or some other form of Higher Education. The university application process is filled with challenges, opportunities, and significant decisions. It can be stressful yet exciting at the same time. Counsellors are dedicated to providing excellent support for each student, helping them to unleash their full potential and achieve their individual goals. The University Guidance department has a responsibility to research opportunities and to make links with the universities, keep up to date with course demands, trends and applications and will be available to advise students on these.

升学指导老师是我们计划的支点，因为他们最了解学生，并在学生在校的整个过程中参与学生的发展。当然，我们的学科老师也会就个别科目课程提供具体建议，我们还会努力让学生充分了解与学校所授课程不直接相关的课程类型。

The counsellor is the fulcrum in the success plan, knowing the students best and being involved in their development throughout their time at the School. Clearly teachers will play a vital role in providing specific advice on courses in individual subjects. We also work at being well-informed about the types of courses which do not relate directly to subjects taught at school.

在我们独特的升学和就业指导计划中，针对 9 年级和 10 年级的学生，升学指导老师会先通过个人学习档案里的独特信息，帮助他们继续进行自我认识，然后到 11 年级时把重心转移到升学和职业研究上。

When students are introduced to our unique university and careers guidance programme, insights and unique information from students' personal learner profiles is used to support students in continued self-understanding in Year 9 and 10 before shifting focus to university and career research in Year 11.

在学生们撰写申请文书、简历以及申请大学的过程中,我们会引导学生去了解世界各地不同的大学制度。学生也将学习如何去评估和研究大学的学风、价值观、课程和师资力量,来选择适合自己 and 家庭的大学。通过早期建立的自信心和自我意识,我们的计划确保学生能够实现梦想,为大学课程做好充分的准备。

Therein, students are guided in understanding popular university systems throughout the world, in the creation of personal essays and resumes and through the application process. Additionally, students are taught how to evaluate and research a university's ethos, values, curriculum and faculty to demonstrate informed interest and ensure best fit for our students and families. By building a philosophy of self-confidence and self-awareness that starts early on, our programme ensures students are in a position to realise well-informed dreams and leave Lucton School Shanghai university-ready.

## 年级/活动计划

Year Group / Success Plan Activities

### YEAR 9-10

- 大学活动, 家长工作坊, 讲座, 大学教育展, 大学教授来访以及面授课程
- University events, parent workshops, presentations, college fairs, visiting academic speakers & sample lessons.

### YEAR 11

- 大学活动, 讲座, 大学教育展, 大学教授来访以及面授课程
- PD 课以及家长工作坊
- 学生家长一对一咨询
- 标化考试准备时间表
- 协助A Level选课
- University events, presentations, college fairs, visiting academic speakers & sample lessons
- Professional development classes & parent workshops
- One-to-one counselling for students and parents
- Test prep and timeline
- Assist in A Level subject selection

## YEAR 12

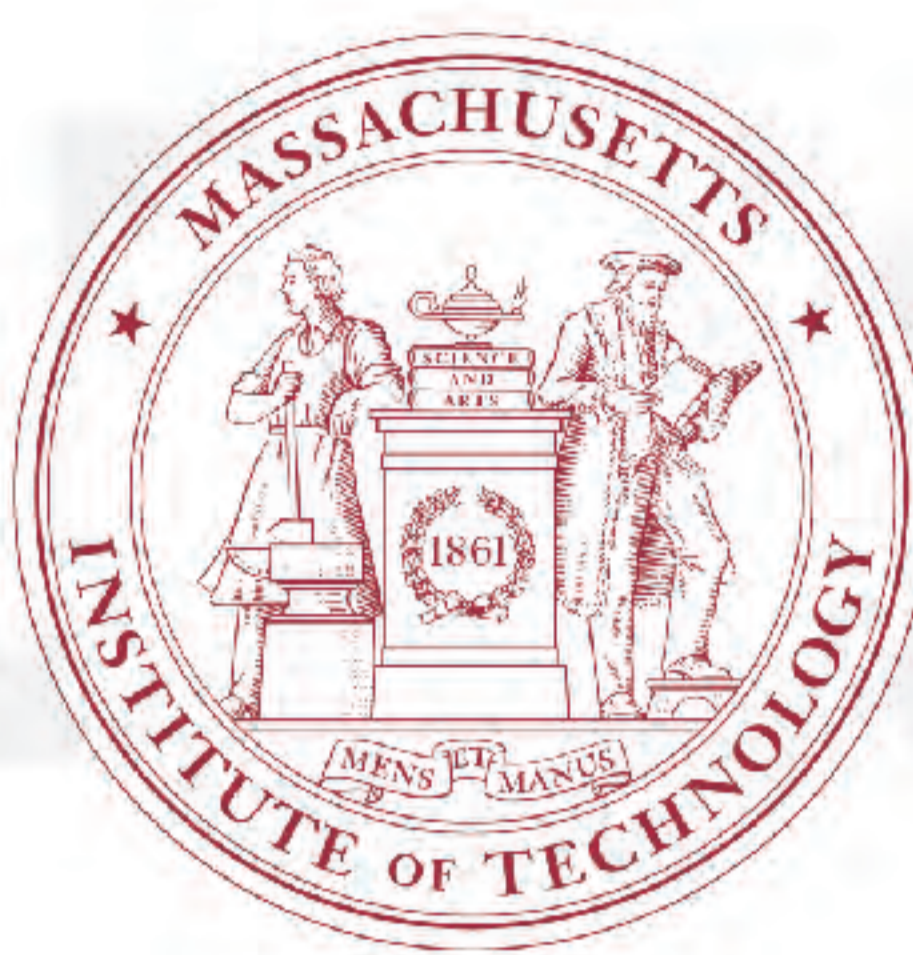
- PD课以及家长讲座
- 职业兴趣测试(个人能力测试)
- 学生家长一对一咨询:
  - 决定申请国家以及本科教育系统
  - 大学选择
  - 探究学术兴趣以及大学专业
  - 申请文书指导
  - 标化考试报名指导
  - 英美早申请计划
  - 定期职业分享
- 模拟面试
- 牛津剑桥讲座
- Professional development classes & parent workshops
- COA centigrade testing (individual strengths questionnaire)
- One-to-one counselling for students and parents including advice on the following:
  - Decide which higher education system would be the best fit
  - College search
  - Explore academic interests and college majors
  - College admission essay coaching
  - Standardized test registration
  - Early entry preparation for US and UK if appropriate
  - Annual careers conference
- Mock interviews
- Oxbridge seminars



## YEAR 13

- 学生家长一对一咨询：
  - 早申请策略
  - 确定最终申请大学和专业
  - 申请文书定稿
  - 申请材料准备
  - 提交申请
  - 申请方案调整
  - 住宿申请
  - 行前培训
- One-to-one counselling for students and parents including advice on the following:
  - Early decisions if appropriate
  - Finalizing university & major List
  - Essay final draft confirmation
  - Supporting documentation
  - Application submission
  - Application plan adjustment
  - Accommodation
  - Pre-departure





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